







Footstock Kids Triathlon 2011

Trevor Dickson Memorial Triathlon

Run 

- A** - 500m Run turnaround
- B** - 1K Run turnaround
- C** - 3K Run turnaround
- D** - 4K Run turnaround
- E** - 5K Run turnaround
- T** - Transition

Distances/Age Categories:

Bib Color:						
Age*	7 and under	8-9	10-11	12-13	14-15	16-17
Swim:	50m	100m	150m	200m	300m	300m
Run:	500m	1km	3km	3km	4km	5km

* Age as of December 31, 2011

